



South Coast PTY LTD

FIRST AID TRAINING

NATIONAL COURSE CODE: HLTAID004

Aim: This course provides the skills and knowledge required to provide first aid response and life support to infants, children and adults, until the arrival of medical or other assistance.

Outline:

- * DRSABCD Action Plan
- * Chain of survival
- * Signs of life
- * Performing CPR
- * Automated External Defibrillator (AED)
- * Care of the unconscious person
- * Choking
- * Cardiac emergencies
- * Emergency Management of Asthma & Anaphylaxis
- * Shock
- * Bleeding and wound care
- * Burns and scalds
- * Extremes of heat and cold
- * Poisoning
- * Altered conscious states
- * Bites and stings
- * Sprains and strains
- * Infection control
- * Reporting procedures

Duration:

New participants are required to complete either an online learning session or a hard copy workbook prior to 8 hours face to face training.

Students with a current qualification do not need to complete any work prior to the one day face to face training session.

Assessment methods:

- * Online multiple choice quiz or hard copy workbook
- * Multiple choice quiz
- * Progressive practical assessment

Inclusions:

- * Active First Aid manual
- * CPR resuscitation face shield
- * A4 display certificate

Prerequisites:

- * Minimum age for participants is 14 years

Award Issued:

- * Successful participants will receive a Statement of Attainment (HLTAID004)

Recertification:

- * Legislative approval valid for 3 years from the completion date
- * Annual refreshers recommended to maintain current CPR skills

Notes:

- * This unit of competency is nationally recognised and is registered on the National Training Information Service website
- * This unit of competency is registered on the Australian Children's Education and Care Quality Authority website.
- * Due to the practical components of the course, participants are advised to wear comfortable casual attire.

Provide an emergency first aid response in an education and care setting