



South Coast PTY LTD

FIRST AID TRAINING

Perform CPR

Course code: HLTAID001

Aim: This course is designed to provide the skills and knowledge required to perform Cardiopulmonary Resuscitation (CPR) in accordance with the Australian Resuscitation Council (ARC) guidelines.

Outline:

- * DRSABCD Action Plan
- * Chain of survival
- * Signs of life
- * Performing CPR
- * Automated External Defibrillator
- * Care of the unconscious person
- * Special techniques for children and infants
- * Infection control
- * Reporting procedures

Duration:

3-4 hours face to face training.

Assessment methods:

- * Multiple choice quiz
- * Progressive practical assessment

Inclusions:

- * First Aid Quick Guide
- * CPR resuscitation face shield
- * A4 display certificate

Prerequisites:

- * Participants must be 14 years or older

Award Issued:

- * Successful participants will receive a Statement of Attainment (HLTAID001)

Recertification:

- * Annual refreshers recommended to maintain current CPR skills

Notes:

- * This unit of competency is nationally recognised and is registered on the National Training Information Service website
- * This course is Workcover approved
- * Due to the practical components of the course, participants are advised to wear comfortable casual attire.